

A Note From the Pastor...

Holy Week is coming! Holy Week is coming! Did you hear?

As we anticipate and enter into Holy Week, we enter into the shortest time span of all the seasons of the Church year: The Triduum (The Three Days). It is the holiest time of the seasons because of Jesus' sacrifice for us. By His suffering and death our sins are forgiven. By His resurrection we are led into everlasting life.

To understand in a deeper way, let's first look at Holy Thursday of Holy Week.

Although we know that Holy Week is a time of being vigil, we understand that Holy Thursday is a paramount vigil we watch with Jesus in the Garden of Gethseane. Keeping vigil is not easy. Look what happened to the first apostles: they fell asleep. "Could you not stay awake with me one hour?"

The idea of Holy Week has been well expressed over the centuries. St. Athanasius has this to say: "We begin the Holy Week of the Great Pasch (passage) in which we should observe more prolonged prayers and fastings and watchings that we may be enabled to anoint our lintels with the precious blood and so escape the destroyer."

Most especially we celebrate Holy Thursday when Jesus instituted the Holy Eucharist for us. He united the Last Supper and His death for us.

We could call the Last Supper the First Supper. This was the first time that Jesus gave His body in the form of food for others. It is the way of always being one with Him as we break the bread of His body with each other; as we do this, we are truly remembering His body. We become one in Him and He in us.

Holy Thursday is often called Maundy Thursday. Some scholars say that this comes from the English word maundy which came from man datum, a Latin word which means commandment. The great commandment is given at The Last Supper: " I give you a new commandment, that you love one another." Jn 13:34

There was a tradition in and around the 12th century that had kings and queens wash the feet of the poor as a sign of humility in Holy Week, or they would give "Maundy Money" (commandment money) to the poor and have someone wash the feet of the poor. (Guess which one won out?) The ritual of the washing of the feet represents a distinctive and pivotal addition to the Mass on Holy Thursday.

He essential meaning remains the same. Often a pastor assumes the role of Christ and washes the feet of parishioners. This is not theatric play or a historic reenactment to be watched. Rather, it is a living ritual of ongoing response to Christ's call of mutual service for all disciples: "If I have washed your feet, you also ought to wash one another's feet." Jn 13:4

With that command in mind, I am suggesting that this Holy Thursday (April 21st) at our evening liturgy at both parishes, I will wash the feet of some of the people who will line up for the foot washing. When my back gives out, I will pass the towel on, so to speak. Thus, father may wash a son's foot, another a daughter's, a husband a wife's and so forth. Jesus has asked us to wash each other's feet, so why not?

So, come prepared any and all who enter into the Holiest time of the year by having a foot washed on Holy Thursday. Everyone is invited.

In Christ,

Father Will



SCHEDULE OF EVENTS



Sunday, April 10, 2011

RAS Recites Rosary 8:30am
 CCD 9am
 Food Pantry 12-2pm

Monday, April 11, 2011

Exercise Class 9am-12pm
 Youth Group 6:30pm
 Food Pantry 7-9pm

Tuesday, April 12, 2011

Exercise Class 8:15am-12pm

Wednesday, April 13, 2011

Exercise Class 6-8pm
 K of C Recites Rosary 7pm

Thursday, April 14, 2011

TRED Retreat 11am-3pm—Gym
 SVDP Meeting 6:30pm-CH
 Bible Study with Msgr. Salemi 7pm-CH
 Finance Council Meeting 7pm-Rectory

Friday, April 15, 2011

Exercise Class 9am-11am-Gym
 Soup & Stations 3pm-Church & CH

Saturday, April 16, 2011

Exercise Class 8am-11am-Gym
 K of C Clam Chowder & Grilled Cheese 6pm-Gym
Giving Weekend

Theme: Jesus is our resurrection and our life. Because he has given us the Spirit, we are no longer dead because of sin, but alive. In Jesus is the fullness of redemption.

- Sunday—** *Fifth Sunday of Lent*
Ez 37:12-14; Rom 8:8-11; Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45
- Monday—** *Lenten Weekday; Stanislaus, bishop, martyr*
Dn 13:1-9, 15-17, 19-30, 33-62 or 13:41c-62; Jn 8:1-11
- Tuesday—** *Lenten Weekday*
Nm 21:4-9; Jn 8:21-30
- Wednesday—** *Lenten Weekday; Martin I, pope, martyr*
Dn 3:14-20, 91-92, 95; Jn 8:31-42
- Thursday—** *Lenten Weekday*
Gn 17:3-9; Jn 8:51-59
- Friday—** *Lenten Weekday*
Jer 20:10-13; Jn 10:31-42
- Saturday—** *Lenten Weekday*
Ez 37:21-28; Jn 11:45-56

WEEKEND LITURGY SCHEDULE

Saturday, April 16, 5:00pm

Lector: Barbara Monroe
Extraordinary Ministers: Joann Muller, Paul Muller
Altar Servers: Jimmy Trivett

Sunday, April 17, 9:00am

Lector: Robert Rauen
Extraordinary Ministers: Patricia Black, Richard Glass
Altar Servers: Robert Alvator, Kyle Rauen

Sunday, April 17, 10:30am

Lector: Tricia Curtin
Extraordinary Ministers: Carol Alleva, Muriel Smith
Altar Servers: T. La Rocca, Maya Randazzo



St. Raphael Ministry

5 Foods Every Woman Should Eat More Of...for busy women of all ages, 5 foods that boast high scores in essential the nutrients iron, calcium, magnesium, vitamins K and D and omega 3 fatty acids.

- 1. Broccoli** is practically unrivaled among all foods when it comes to protecting against cancer. Its powerful phytonutrients not only help neutralize carcinogens, but they also stimulate detoxifying enzymes that help the body rid itself of cancer causing and other harmful toxins. This green vegetable also happens to be one of the richest food sources of the flavonoid Kaempferol, which has shown protective benefits against ovarian cancer.
- 2. Onions** are anti-inflammatory, antibacterial, rich in chromium, vitamin C and dietary fiber. Onions are also a good source of manganese, vitamin B6, tryptophan, folate and potassium.
- 3. Leafy greens** such as kale, spinach, watercress, cabbage, turnip greens, collard greens and arugula share similar nutrient profiles, featuring impressive scores of Vitamin K, A and C; calcium, potassium, beta carotene, manganese, folate, magnesium, iron and dietary fiber.
- 4. Beans** are an incredibly rich source of folate, fiber, tryptophan, protein, iron, magnesium and potassium. Beans are linked to a reduced risk of Type II diabetes, high blood pressure and breast cancer.
- 5. Wild Salmon** is rich in omega 3 fatty acids vitamin D, iron and protein. A word of caution...studies comparing wild and farmed salmon showed the farmed variety had drastically reduced levels of protein and omega 3 fats. They were also found to have significant levels of carcinogenic substances and other toxins as well as higher levels of inflammatory omega 6 fats. If you're eating for health, opt for the wild variety.

Living Stations of the Cross

The Living Stations of the Cross will be performed at St. Catherine's in Holmdel by members of their High School Youth Group on Friday, April 15th and again on Friday, April 22nd, both at 7:30pm. All are welcome to witness this powerful event, depicting the passion and death of our Lord, Jesus Christ. For more information, call 732-842-3963, ext.13 or emailkmcburnie@stcatharine.net.

Mass Intentions

Sat.	4/9	8:00am	Joseph Brignoli (Anne & Tom Connelly)
		5:00pm	Peggy Sheridan (Joe & Andrea Lake) Adele Manning (Kovach Family)
Sun.	4/10	9:00am	Irene Frazer (James & Patty Black) Fr. Jack McGuire (Sheila Brown)
		10:30am	John McConnell (Tony & Carol Bucco) Kathy Palamara (Kathleen Gilbert)
Mon.	4/11	8:00am	Fr. Jack McGuire (Barbara Monroe)
Tues	4/12	8:00am	Greg Gaze (Mary & Doug Hollywood)
Wed.	4/13	8:00am	Greg Gaze (Sheila Brown)
Thur.	4/14	8:00am	John Cameron (Wife, Ruth)
Fri.	4/15	8:00am	OLPH Parish
Sat.	4/16	8:00am	Joan Rahm (Frank Rahm & Family)
		5:00pm	Clair Blewett (June McGrail) Nancy Lee Williams (Joseph & Andrea Lake)
Sun.	4/17	9:00am	Joseph Brignoli (Theresa Coppola & Wanda Ziobro)
		10:30am	Thomas, Nora & Tom McDonnell (Peggy King) Kathy Palamara (Kathie & John Sterzinar)

Collections

Weekly Collection 4/3/11: \$ 5,603.50
 Last Years' Collection: \$ 4,393.00
 Catholic Relief Services Collection: \$ 1,335.00

Thanks 
 so much!



Flowers:

No flowers during Lent.



Flag:

This week the flag is flown in memory of James E. Smith, Jr.



Sanctuary Light:

The Sanctuary Light this week is for John McConnell requested by Tony & Carol Bucco.

Banns

Congratulations to the following couple that will be married at OLPH:

I Katie Saunders & Michael Nesci

II

III



Please remember in your prayers all our beloved sick, especially Lois Cunningham, mother of Mary Palmisano, Cate Morrissey, granddaughter of John & Peggy Morrissey, Margaret (Peggy) King, Sean Carhart, Elisa & Nathan Bond, Judith Geczo, Nicholas Husband and Nicholas Husband, Jr.

Raffle Committee



Father Will is interested in forming a Raffle Committee here at OLPH. If you think you might be interested, please call Denise O'Connor at 732-291-0272, ext. 117.



Please pray for the military and the repose of the souls of all deceased members of Our Lady of Perpetual Help Church.

Attention Counters:

Week 3—April 17, 2011

Roger Marois

Pat Ellis

Charles Ignar



Rachel's Vineyard Retreat for Healing After Abortion

If you are suffering from the after-effects of an abortion, experience the healing love of Jesus Christ on a Rachel's Vineyard Weekend Retreat on June 17-19, 2011 and September 9-11, 2011. This weekend retreat will combine discussions, spiritual exercises, reconciliation, a Memorial Service, and a Mass of Resurrection. Participation is strictly confidential and offers a beautiful opportunity to experience God's love, forgiveness and compassion.

For more information or registration for either weekend, please contact:

Judy Warenkiewicz

732-536-6871

Email: judywarren543@msn.com

Bishop's Annual Appeal

A letter from the diocese:

Dear Father Dunlap:

Enclosed, please find your final rebate check for Our Lady of Perpetual Help in the amount of \$3,465.25 for the **2010** Bishop's Annual Appeal. Please accept our thanks to you, the generous parishioners, the staff and the volunteers that helped to make the 2010 Appeal a success.

The rebates are based on 15% of the parish goal, \$23,000.00, plus 50% of the total cash received (\$23,030.50) over the parish goal. For 2010, your total rebate is \$3,465.25.

Thank you again for your leadership and support. We could not have done this without your help. Please pray with us that the 2011 Appeal will continue on its successful path.

Sincerely,

Shannon J. Jordan

Director of Development

The Catholic Relief Services Collection

Thank you for your generous support of The Catholic Relief Services Collection! Through your generosity exploited children will be helped, families will be reunited, and many will have vital humanitarian needs met. Please visit www.usccb.org/nationalcollections to learn how funds are making a difference.

We are looking for volunteers to help decorate the Church for Easter. If you are interested, please call the rectory office at 732-872-1290.



St. Vincent de Paul Society



The Gospel today challenges us to see and believe the **signs of grace** in our lives: joy, peace, forgiveness, mercy and kindness.

Through your almsgiving today you are giving **signs of grace** to others; far greater than you think. **Know that your donation is multiplied by the donations placed by others in the St. Vincent de Paul Poor Boxes at the doors of the church. And the same is true for next weekend (Palm Sunday) when we will have our April Giving Weekend.** (Earlier in the month than usual because of Easter.)

This time of year, we get many requests from your neighbors in jeopardy of having their utilities shutoff. Utility companies usually will delay shutting off service until the spring but now those shutoff moratoriums are over. **So your generosity in the Poor Boxes and Giving Weekends will enable us to keep electricity and gas on for many needy families in our community.**

If you think you may need assistance or referral to any of the many organizations and agencies that SVDP is aware of, please leave a message at 732-872-1290 Option 6, and we will return your call. Please speak clearly and leave your first and last name. Also please be sure to leave a phone number and the best time that we can reach you. Messages are picked up daily Monday through Friday.

“No work of charity is foreign to the Society”

Worldwide Marriage Encounter Central New Jersey

Now that Spring is upon us...shake off those winter blahs and pump some new life into your marriage. Join us on a Marriage Encounter Weekend and rediscover the romance in your relationship.

The next Worldwide Marriage Encounter Weekend will be held April 29-May 1. Early registration is advisable as space is limited. Phone 1-888-827-NJME for registration and information. Visit us at www.wmcentralnj.org for more information.

Atlantic City Trip



The OLPH Senior Club is sponsoring a bus trip to Atlantic City's Showboat Casino on Tuesday, May 10, 2011. The bus leaves from the parking lot at 8:30am and returns approx. 6:00pm.

Cost: \$25; \$25 voucher return on arrival. Or more information, call Rose Penta at 732-872-1645.

Red Bank Catholic High School

2011 Green & Gold Football Camp

July 11-July 14

Boys entering 5th-8th grade



For more information, go to :
<http://academics.redbankcatholic.org/VLpdf/Football2011.pdf>

Kateri Day Camp, in Marlboro Township, is accepting applications for children ages 5-13. Participate in swimming, sports, nature, science, reading and more. Free transportation and meals. Financial assistance available. Call 732-946-9694 today for an information packet and application. www.collieryouthservices.org

What: Kateri Day Camp
Who: Children ages 5-13
When: June 27-August 19
Contact: Dan Smith
Address: 160 Conover Road, Wickatunk, NJ
Phone: 732-946-9694
Email: Campoffice@collieryouthservices.org
Website: www.collieryouthservices.org

That's God

*Have you ever felt the desire to do something special for someone you love?
That's God who is speaking to you.*

*Have you ever felt the sadness and loneliness of someone who approaches and stands beside you?
That's God who has chosen you.*

*Have you ever thought of someone who is very dear to you and have not seen for a long time, and suddenly that person unexpectedly appears?
That's God, for there is nothing that ever happens by chance.*

*Have you ever received something marvelous which you desired but for which you did not ask?
That's God who knows all the secrets which you keep well hidden in your heart.*

*Have you ever found yourself in a difficult situation for which there seemed to be no apparent solution, and then in a twinkling of an eye the answer became as clear as daylight?
That's God who unceasingly takes our problems into his hands and helps us solve them.*

*Have you ever felt an immense sadness in your soul, and then suddenly, as if your inner self was infused with love, an inexplicable sense of peace enveloped your entire being?
That's God who consoles you in his arms and gives you peace.*

Have you ever felt tired of life to the point of wanting to do, and then suddenly you were able to find the courage and the resolve to continue your journey full of vigor and hope?

That's God. He is always there beside you, lovingly accompanying you every step of the way on your life's journey.

Everything goes better when God takes the lead!